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UATFACS TIDBITS

Spring 2009

President's Message

Dear Family and Consumer Science Teachers and Friends,

I know everyone has heard the expression that "Life comes at you fast!" I don't think it is truer than for teachers especially at this time of year. The entire curriculum that was supposed to be lovingly stuffed into the permanent memory chambers of your students' fluffy brains, perhaps has somehow fallen a little short. All those lofty goals for improvement, new lesson plans, organizing your classroom and weeding out files not to speak of the personal goals like getting enough rest (ha ha), exercising (when???) and eating better (is a wrap better than a bun at the drive-thru?) have fallen a little below expectations, too. But here we are at the end of another season in our career – time to look back and realize you did the best you could and look ahead with hope and determination.

Life does come at us fast, but not just us. Our students are having more stimuli, technological updates and downloads, demands on their time, and voices pulling them in every direction – just like we do. We are all in this together. That is the wonderful part about being a teacher. We are never alone in our quest to improve. Students won't realize for years how lucky they were to have YOU for a teacher. How much YOU influenced their lives and molded their characters. YOU are unique in your own way, but we all are in this business for the betterment of mankind. (Wow that was deep.)

As I have served as President of UATFACS I have learned that throughout the entire world, teachers are interested in helping students learn lessons to improve their lives. We all face the same challenges from low budgets, too many preps, too many students, too much demand on our time and energy, uncomfortable working conditions,

President's Message continued

personal crisis, and seemingly always fighting an uphill battle for education as a whole. WE MUST BE PRETTY STRONG INDIVIDUALS to keep coming back for more. We must be crazy – yes, crazy in love with helping others improve. WE need each other. WE need YOU in UATFACS. Together we have a stronger voice at every level. We have people working for teachers, because teachers don't have the time, means and sometimes the know-how to lobby for educators. UATFACS makes us one united strong voice for education.

I encourage you to keep your goals and make new ones, too. Go to your conferences, join UATFACS, be a part of the whole and receive those benefits. Motivate other teachers by sharing your talents. Take time for renewal. Sometime before you close your door on this school year, sit down and make a list – yes, physically do this – of why you are an educator and what you love most about your job. I'll bet your list of pros will outweigh all the negative experiences of the year.

I thank you for this experience to have served you locally and at a national level. The journey has been highly enlightening and rewarding. Teaching is in my blood. I am sure you have the same blood type! Society needs each of us. Be a CHEERFUL advocate for your students, for FACS and for education as a whole. Smile next time you look in the mirror and tell yourself you are pretty special – you are and you CHOOSE to do this work. Bless you.

Very best wishes in all your endeavors,

Susan Schumacher
UATFACS Pres. 2008-2009



Please read the following information about candidates for UATFACS board. We will be voting at Summer Conference.

PRESIDENT ELECT

Susan Smith

Teaching has been Susan's life for the last 20 years. During this time she has taught all of the FACS disciplines plus Spanish at Grantsville High School. At this time she is teaching ProStart, Interior Design, Foods 2 and Clothing 1. Susan has also been an FCCLA advisor for 20 years and during that time she has had the opportunity to travel quite a bit to different national meetings. Travel is one of her favorite hobbies. Some of her other hobbies include reading, cooking and swimming. She has been a member of the UATFACS board for the last 8 years as the Legislative Chair and has thoroughly enjoyed working with the different FACS teachers around the state. Staying involved in the professional organizations helps Susan appreciate the great work that all of us do in the classroom. She has been married 31 years to a great husband, Silas, who supports her in all of her endeavors. She also enjoys being with her 4 sons and their wives and her 8, almost 9, grandchildren. It takes lots of travel to visit them now since they live from Seattle to Princeton.



NEWLETTER EDITOR

Lenora Reid

Lenora Reid is a home-grown Utahan. A graduate of Provo High, then BYU, she decided to spread her wings a bit. She taught her first two years in Idaho Falls, ID, diving head first into FCCLA with a group of enthusiastic students. She took a team of 8th graders to Nationals in Parliamentary Procedure that summer. FCCLA chapter members doubled the next year, however Utah was still in her heart. So she moved back and accepted a job at Pleasant Grove Junior High.



She has been teaching there for three years, exploding the enrollment in her classes, as well as the interest for FCCLA at her school. She was recognized as FCCLA Area 4 Advisor of the Year in Utah for 2008-2009 and 2009 Master Advisor at the FCCLA National Leadership Conference in Nashville, TN. She is always positive, energetic, and looking to help out in any way she can.

SECRETARY

Tami Flygare

During her relatively short twelve-year career, Tami has earned her BS in Home Economics Education at BYU and her Masters of Arts in Teaching from National University. She is also one of the first two National Board Certified Teachers in CTE with a FACS emphasis in the state of Utah and was recognized by the Utah State House of Representatives and Senate for earning her National Board Certification in 2009. Tami currently teaches at Fort Herriman Middle school in Jordan School District, but she has also taught middle school and high school courses in Huntington, Green River and Bountiful, Utah. She has worked with a number of different student teachers, as well as mentored new teachers, in FACS and in core subjects. She has worked on district and state level projects, attended state and national conferences on Middle Level Learners and FACS and she has presented at a number of conferences as well. Tami was an FCCLA advisor for 8 years, was the FCCLA Utah Advisor of the Year for 2003-2004, and earned her Master Advisor award that same year. She is currently working with her school's PLC teams to integrate CTE Intro., as well as other courses, into students' learning communities and activities. She is extremely, even painfully, organized. She enjoys collecting scrapbook supplies and hopes to one day actually start scrap-booking again (it's been almost ten years!) She loves to travel and she is always planning her next new adventure!



Roberta Merrill

Roberta began teaching food and clothing classes 26 years ago at Spanish Fork Junior High. (That was when boys took shop and girls took Home Economics.) She has seen wonderful changes in our field and has been an advocate for updating curriculum and implementing technology. During her teaching career, she has taught nearly every subject except ProStart and Fashion Strategies. In addition, she has taught Concurrent Enrollment classes and was a Work Based Learning Coordinator for two years. She has a Bachelor's and Master's degree from BYU. She is currently at Spanish Fork High School teaching Child Development, Interior Design, and Adult Roles and Financial Literacy. A highlight of Roberta's career was spending three weeks in Japan last summer observing Family and Consumer Science classrooms and learning about the education system there. Roberts states "I've been a recipient of all the hard work and time put in by officers of UATFACS over the years and think it is about time I do my part and give back to the profession that has been so good to me."



2009 UATFACS AWARD RECIPIENTS

Teacher of the year	Linda Stokes	Riverton High School
Outstanding New Teacher	Lenora Reid	Pleasant Grove Junior High
Arch of Fame	Pearl Hart	USOE
Carl Perkins Humanitarian Award	Melva Sine	Utah Restaurant Association
Award of Merit	Lu Arnold	Utah Pork Producers
Outstanding Educator	Chris Moore	BYU
Outstanding Teacher in Community Service	Judy Whitaker	SLC School District
Outstanding Service	Susanne Gillett	Orem High School
Outstanding Program	Rea Gubler & Kathy Croxall	Southern Utah University



Congratulations to our fabulous award recipients!

MID-WINTER CONFERENCE 2009



**If you haven't been to the UACTE Mid-Winter Conference yet...
plan on joining us in St. George in 2010.**

It has been a real pleasure and a great learning experience being the UATFACS Newsletter Editor this past four years. Thank you for your contributions, support, and encouragement!

Vivien Brown

UPCOMING EVENTS



JUNE 2009

Nutrition Conference

June 15-16, 2009

Brigham Young University Harmon Conference Center - Provo, UT

FACS Summer Conference

June 17-18, 2009

Brigham Young University - Provo, UT

FCCLA Advisor Workshop

June 17, 2009 (Evening Workshop)

Brigham Young University - Provo, UT

FACS New Teacher Cohort Meeting

June 17, 2009

Brigham Young University - Provo, UT

CTE Introduction Conference - All CTE Introduction Teachers

June 19, 2009

Syracuse High School - Syracuse, UT

JULY 2009

FCCLA National Leadership Conference

July 12-16, 2009

Nashville, TN

AUGUST 2009

ProStart Summer Training

August 2009

Salt Lake City, UT

CTE Introduction New Teacher Training

August 6-7, 2009

Salt Lake City, UT



FACS EDUCATION.... 100 Years and Going Strong

FAMILY AND CONSUMER SCIENCES SUMMER CONFERENCE 2009

Sponsored by the Utah State Office of Education, Career and Technical Division

June 17 - 18, 2009
Brigham Young University
Wilkinson Student Center
Provo, Utah

Guest Speakers

Joyce B. Miles CFCS, Retired

Leader and Professional in Family and Consumer

In celebration of the AAFCS Centennial, Joyce Miles will be talking about the history of Family and Consumer Sciences to audiences across the country by telling the remarkable story of Ellen Swallow Richards (1842-1911), a pioneering visionary in this field. Joyce brings to life this progressive woman whose achievements a century ago seem surprisingly contemporary - nutrition education, water-equality testing, and promoting science education for woman, to name just a few.

John Johnson, CEC, CCE, AAC

Excellence in Education

Conference Information

For Registration Information, Conference Schedule, Quilt Show, Vendor Exhibit, and Lodging Information visit the summer conference link on the FACS/USOE Website: http://www.schools.utah.gov/cte/facs_summer.html

ONLINE REGISTRATION AVAILABLE NOW!

Register Early!

\$40 (received at USU before May 8, 2009)

\$45 (received at USU after May 8, 2009)

Monday & Tuesday
June 15-16, 2009

Annual FACS Nutrition & Food Science Conference

8:00 am—5:00 pm
BYU Harmon Conference
Center

The goal of the Annual Nutrition and Food Science Conference is to provide teachers with:

- Current nutrition research
- Nutrition teaching resources

To accommodate these goals, the format of this year's nutrition conference will feature nutrition research updates and nutrition teaching resources.

Theme:
Healthy Families in
a Sustainable
Environment

Featured Keynote Speakers:
Pamela Hansen, author of *Running with Angels* & Pauline Williams from Primary Children's Hospital

Registration available:
<http://facs.usu.edu>
\$35 Pre-Register
\$40 At-the-Door



Questions? Please contact USU Extension Agents:

- Jana Darrington (Utah County 801-851-8468 or jana.darrington@usu.edu)
- Joanne Roueche (Davis County 801-451-3404 or joanne.roueche@usu.edu)

Individuals who attend the two-day conference on June 15th & 16th will receive USOE credit. During the workshop, participants wishing to do so may register for university credit from BYU. Credit will vary from 1 hour and will be explained further during the final conference session on Tuesday afternoon.

Utah State University is an affirmative action/equal opportunity institution.